

## *Reincarnation*

### **From the White Eagle teachings:**

‘Unless you study and strive and in the end fully comprehend the law of reincarnation, you cannot understand the purpose of life or cosmic truth, because without it there is no continuity of thought. The process of thought comes to a dead end. One short life with little or nothing accomplished seems hardly worth the while. When the soul is able to see its long, long journey, the ever-growing love and unification with the true companions of its spirit, life becomes beautiful. Any sorrow that visits the soul does not remain when the vision clears. That sorrow is a passing thing. The soul moves forward on its journey to greater and greater and more glorious experience. It is able then to understand happiness. It is able to feel the love of God. It is filled with hope because it knows that what has been withheld for a wise purpose in this incarnation will not be withheld for all time. The gifts of love are God’s gifts to the soul.’

‘There will come a most certain realisation of all the hopes and aspirations of the spirit—in time. This very thought brings all light and hope and joy. But understand that you have first to develop powers within yourself to enable you to comprehend and enjoy such glories. The only way to develop these powers is that of earthly experience and triumph over the lower self, which means the control of physical matter and all the inharmonies of earth. The light shines in the darkness and the light is within you. The light has to shine forth until the darkness no longer exists. Then you are back again in the very heart of the sun, the source from which you set forth upon your journey to develop your powers of comprehension and use of the God-qualities given to you.’

‘Every soul before birth, living in some heavenly state of which you can remember nothing when enfolded in the body, is instructed by angel beings as to its particular need before its reincarnation. It is shown several possible paths. In that high and innermost state of consciousness, the soul selects its parents, the life it will live on earth, knowing full well that it will probably suffer physically, mentally, spiritually. It will also have opportunity of so living that it will be enabled to store up its karma for the future.

‘The soul can choose to hurry, or to take things leisurely. Therefore if a big piece of karma comes, say: “I choose that; I am going to get on with it!” There is really no forcing, because the soul has its choice. It is not forced into

reincarnation. Some say “Nothing will induce me to come back!” Well, you won’t come back, but when you see something very lovely, and learn that it will not be yours until you go back to earth, eventually you will say “Yes; I must have that beautiful thing.” The higher self sees; the lower self kicks very hard and rebels. But the higher self is inspiring and urging it forward all the time. It may be that the soul does not gain what it longs for in one incarnation, but will eventually.

‘Every soul may choose a reincarnation which will cause it to delve into some life of materiality and squalor. For this reason you cannot judge any one, and you do not even know what great soul may not dwell in some lowly body; nor can you know the reason of the choice of that particular life experience.

Have the picture of night following day, of in-breathing and out-breathing, of the slow but gradual perfecting of life, not necessarily as you understand perfection but as it is understood at a higher level. Let us give you the analogy of birth and death, of successive reincarnations: When you come into a body, you come as to a school wearing an earthly body. Your soul is breathed in by the breath of the Great White Spirit, and later breathed out again into the illimitable beauty of higher worlds. After a period of rest and refreshment, you are breathed in again. This is the rhythm of life; you come into reincarnation and then drop the physical body; but you, the essential you, still continues.’